

**Alcohol & Addictions Resource Center**  
818 E. Jefferson Blvd.  
South Bend, IN 46617  
(574) 234-6024  
[www.aarcinfo.org](http://www.aarcinfo.org)  
aarc@aarcinfo.org

# DVD Library

**1**

## **Adam's Last Day**

16 minutes

A Day One report about the death of Adam Clingenpeel, killed in an automobile accident over Thanksgiving weekend. The driver of the car was Adams's close friend, Neil Glancy. Neil was drunk.

**2**

## **Addiction**

HBO

Discs 1 & 2/3 & 4

90 minutes/270 minutes

The critically acclaimed documentary plus over 5 hours of additional material, including 13 comprehensive segments and interviews. The supplementary series includes:

What is Addiction?

Understanding Relapse

The Search for Treatment: A Challenging Journey

The Adolescent Addict

**3**

**(The) Anonymous People**

88 minutes

**(Not available for outside loan)**

A feature documentary about the over 23 million Americans living in long-term recovery from alcohol and other drug addiction.

**4**

**Bill W.**

103 minutes

A documentary about William G. Wilson, co-founder of Alcoholics Anonymous.

**6**

**Bill W. and Dr. Bob**

Hazelden

1 hour 58 minutes plus 25 minute “talk back” session

This original off-Broadway production tells the story of how Bill Wilson meets Ohio surgeon Dr. Bob Smith and their founding of Alcoholics Anonymous. It was filmed live in front of the audience at New World States in New York City.

**7**

**Binge Drinking and Youth: What Everyone Needs to Know**

Presented by the Road to Recovery

SAMHSA

60 minutes

Features a panel of experts, people in recovery and treatment providers as they address: the subcultures and behaviors that support binge drinking; prevention issues; early intervention and treatment options and personal stories of people in recovery.

**8**

**Death by Alcohol – the Sam Spady Story**

Sam Spady Foundation

30 minutes

The story of the small town girl whose life ended too soon due to binge drinking.

**9**

**Drinking, Driving & Dying**

Human Relations Media

30 minutes

Shows results of drinking and driving.

**10**

**Drugged**

**Marijuana, Cocaine and Ecstasy**

National Geographic

135 minutes

Reveals what the human body undergoes when drugs are introduced to its organs.

**11**

**Drugged**

**Season 2**

National Geographic

180 minutes

Series offers drug addicts the chance to get clean by putting them through medical and psychological testing and revealing the devastating effects their drug use has had on both their minds and bodies.

**12**

**Eternal High**

30 minutes

A teenager's battle with mental health, depression and suicide. Includes discussion guide.

**13**

**(The) Joy of Stress**

WHBG, Boston

56 minutes

Loretta LaRoche explains how humor helps strengthen our immune system, reduces stress and prevents “Hardening of the Attitude.”

**14**

**(The) Listening Heart**

27 minutes

Adoptive parents caring for FAS/FAE children.

**15**

**Lost Childhood: Growing up in an Alcoholic Family**

30 minutes

Young Broadcasting of San Francisco

Youngsters tell their experiences in growing up in an alcoholic family. Fifteen years later, met some of these same children as adults who received the tools they needed to grow up and lead full, healthy lives.

Includes viewer’s guide.

**16**

**Memo to Self: Protecting Sobriety with the Science of Safety**

90 minutes

Product of the Institute for Addiction Study

Dr. Kevin McCauley re-lives his own precarious early sobriety. Following the advice of addiction medicine experts, he replicates the sobriety habits and success of recovering pilots and health care professionals.

**17**

**My Name is Bill W.**

99 minutes

Warner Brothers

The true story of the founders of Alcoholics Anonymous starring James Woods, James Garner and JoBeth Williams.

**18**

**The Other Side of Cannabis: Negative Effects of Marijuana on Our Youth**

72 minutes

HeartsGate Production

Tells the stories of a variety of individuals of all ages, as well as interviews with top researchers across the United States. It elaborates on the effects of marijuana facing our adolescents, teenagers and young adults who brains are still forming.

**19**

**Past These Walls with Mark Lundholm**

50 minutes

An institutional comedy with comedian Mark Lundholm.

**20**

**Pleasure Unwoven**

**A Personal Journey about Addiction by Kevin McCauley**

70 minutes

Institute for Addiction Study

Is addiction really a disease? Kevin McCauley explores the arguments for and against this debate. Dr. McCauley turns complex neuroscientific concepts into easy to understand visual images that will help people in recovery feel better understood and their families and friends feel hope that recovery is possible.

**21**

**Real Sobriety**

Heinerth Productions Inc.

Remarkable people share messages about recovery and hope.

**22**

**Recovery is *Everywhere***

CD with a collection of Recovery is *everywhere* files; each image is provided in two formats, JPG and PDF.

**23**

**Rethinking the Demographics of Addiction: *Helping Older Adults Find Recovery***

Presented by the Road to Recovery

57 minutes

SAMHSA

Looks at alcohol and drug related problems among older adults.

**24**

**(The) Secret World of Recovery**

37 minutes

Leslie Glass

Discover the other side of addiction.

**25**

**(The) Ten Toughest Questions**

**Families and Friend Ask About Addiction and Recovery**

22 minutes

Changing Lives Foundation

“If someone you care about is struggling with alcohol and drugs and you don’t know what to do, you need to watch this DVD. It is full of help and hope.”

Mike Richards, President, *Addiction2Recovery*

**26**

**Test Track**

20 minutes

A demonstration of drinking and driving, produced by the Alcoholism Council (now AARC) in 1970. It features local celebrities including former Notre Dame basketball coach Digger Phelps.

**27**

**Too Much: The Extreme Dangers of Binge Drinking**

Details the truth about alcohol poisoning, drunk driving and health risks of excessive drinking. Includes teacher's resource guide.

**28**

**28 Days**

Columbia TriStar Home Video

PG-13

Gwen Cummings (Sandra Bullock) is the ultimate party girl. Trouble is, she can never tell when she's had enough. She earns herself a DUI and a 28 day stretch in rehab and embarks on a touching and often hilarious road to recovery where she learns that life is not always a party and that real happiness comes from within.

**29**

**Unguarded**

77 minutes

ESPN Films

A gifted athlete from Fall River Massachusetts, Chris Herren was a basketball legend before he left high school. After a troubled yet outstanding career at Fresno State, he would eventually fulfill his childhood dream of playing for the Boston Celtics, only to lose it all to a devastating addiction that nearly killed him.

**30**

**When Love it Not Enough: The Lois Wilson Story**

98 minutes

Hallmark Hall of Fame

Starring Winona Ryder and Barry Pepper, this is the story of the founding of Al-Anon.

**31**

**When a Man Loves a Woman**

126 minutes

Touchstone Home Entertainment

Rated R

Meg Ryan and Andy Garcia star in this motion picture as a passionate couple whose once stable marriage is rocked by her increasing dependence on alcohol. As they strive to overcome this challenge, they discover a renewed sense of love and commitment.

**32**

**Whispering Spirits**

28 minutes

The Justin Veatch Fund

Tells the story of Justin Vetch, a talented musician who died of a drug overdose at the age of 17. The film follows Jeffrey, Justin's father, as his family grapples with their devastating loss while reconnecting with him through the music he left behind.

**33**

**Why Don't They Just Quit?**

96 minutes

Changing Lives Foundation

Real-life solutions to help you now.

**34**

**Without Bias**

51 minutes

ESPN Films

When rising superstar Len Bias dropped dead two days after being selected as the second overall pick in the 1986 NBA draft, he forever altered our perception of casual drug use and became the tipping point of America's drug crisis in the mid-80's.

**35**

**Witnessing with Anonymity: Dispelling the Misconceptions that Silence the  
Voices of Recovery**

Presented by the Road to Recovery

60 minutes

SAMHSA

For many, the thought of speaking out and sharing a recovery experience with friends, co-workers, community leaders, civic groups and policymakers is a daunting proposition. This program focuses on how people in recovery can provide testimonials and recount their successful recovery journey and still be respectful of Twelve Step traditions.

**36**

**World's Most Dangerous Drug**

52 minutes

National Geographic

National Geographic correspondent Lisa Ling investigates the methamphetamine “meth” epidemic to uncover the menace meth poses to society and to find out why many are calling it the world’s most dangerous drug.

**37**

**Do No Harm – The Opioid Epidemic**

90 minutes

Media Policy Center

Narrated by actor Ed Harris, it puts the spotlight on the worst man-made epidemic in our nation’s history. The film talks to leading doctors, law enforcement and other experts while following stories from more than a dozen locations including poignant narratives from recovering addicts and families with losses. In addition, it reports which drug companies are responsible for the crisis, reveals what monies Congressional members have received, and focuses on those who fight back with effective, long-lasting treatment programs. *Do No Harm* offers hope that together we can diminish – and eventually eradicate – this devastating public health crisis.